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# MA a DNE S memoir

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shortlist

KATE RICHARDS

# Madness A Memoir

**Raquel Torres**

## **Madness A Memoir:**

**Madness: a Memoir** Kate Richards, 2013-01-19 Winner of the Adelaide Festival Awards for Literature 2014 nonfiction prize Shortlisted for the Queensland Literary Awards 2013 nonfiction prize It's not every day you get to admit you're mad The thing with psychosis is that when I'm sick I believe the delusional stuff to the same degree that you might know the sky is above and the earth below And if someone were to say to me that the delusional thinking is in fact delusional well that's the same as if I assure you now that we walk on the sky Of course you wouldn't believe me and that's why it's sometimes so hard for people who are sick like this to know that they need treatment Psychosis and severe depression have a huge effect on how you relate to other people and how you see the world It's a bit like being in a vacuum or behind a wall of really thick glass you lose any sense of connectedness You're cast adrift from everyone and everything that matters I've lived with acute psychosis and depression for the best part of twenty years This is the story of my journey from chaos to balance and from limbo to meaning Kate Richards is a trained doctor currently working in medical research Demands to be read Sunday Age Heart wrenching mind bending Daily Telegraph A mysteriously beautiful book Michael McGirr The Age A gifted writer and storyteller Courier Mail Astonishing Herald Sun

**Surrounded by Madness** Ph D Rachel Pruchno, 2017-01-09 What was

the likelihood my adopted daughter would have my father's hazel eyes and my mother's mental illness In this fiercely candid memoir Dr Pruchno a scientist widely acclaimed for her research on mental illness and families shows how mental illness threatened to destroy her own family Not once but twice As a child she didn't understand her mother's episodes of crippling sadness or whirlwind activity As a mother she feared her daughter Sophie would follow in the footsteps of the grandmother Sophie never knew Unraveling the mysteries of her mother's and daughter's illnesses Pruchno fought to preserve her marriage and protect her son But it was not until she came to terms with her own secrets that she truly understood the destructive and pervasive effects mental illness has on families Surrounded By Madness is transforming It will empower families to stop hiding and start talking when mental illness strikes

**Madness** Kate Richards, 2015-09-22 From the

bestselling author of The Mistake comes a hauntingly powerful story about families and secrets Winner of the Adelaide Festival Awards for Literature 2014 nonfiction prize Shortlisted for the Queensland Literary Awards 2013 nonfiction prize It's not every day you get to admit you're mad The thing with psychosis is that when I'm sick I believe the delusional stuff to the same degree that you might know the sky is above and the earth below And if someone were to say to me that the delusional thinking is in fact delusional well that's the same as if I assure you now that we walk on the sky Of course you wouldn't believe me and that's why it's sometimes so hard

**Surrounded By Madness** Rachel Pruchno, 2020-09-28 What was the

likelihood my adopted daughter would have my father's hazel eyes and my mother's mental illness In this fiercely candid memoir Dr Pruchno a scientist widely acclaimed for her research on mental illness and families shows how mental illness threatened to destroy her own family Not once but twice As a child she didn't understand her mother's episodes of crippling

sadness or whirlwind activity As a mother she feared her daughter Sophie would follow in the footsteps of the grandmother Sophie never knew Unraveling the mysteries of her mother s and daughter s illnesses Pruchno fought to preserve her marriage and protect her son But it was not until she came to terms with her own secrets that she truly understood the destructive and pervasive effects mental illness has on families Surrounded By Madness is transforming It will empower families to stop hiding and start talking when mental illness strikes Art and Madness Anne Roiphe,2011-03-15 Luminous and intensely personal Art and Madness recounts the lost years of Anne Roiphe s twenties when the soon to be critically acclaimed author put her dreams of becoming a writer on hold to devote herself to the magnetic but coercive male artists of the period Coming of age in the 1950s Roiphe the granddaughter of Jewish immigrants grew up on Park Avenue and had an adolescence defined by privilege petticoats and social rules At Smith College her classmates wore fraternity pins on their cashmere sweaters and knit argyle socks for their boyfriends during lectures Young women were expected to give up personal freedom for devotion to home and children Instead Roiphe chose Beckett Proust Sartre and Mann as her heroes and sought out the chaos of New York s White Horse Tavern and West End Bar She was unmoored and uncertain waiting for a wisp of truth a feather s brush of beauty a moment of insight Salvation came in the form of a brilliant playwright whom she married and worked to support even after he left her alone on their honeymoon and later pawned her family silver china and pearls Her near religious belief in the power of art induced her to overlook his infidelity and alcoholism and to dutifully type his manuscripts in place of writing her own During an era that idolized its male writers she became sometimes with her young child in tow one of the girls draped across the sofa at parties with George Plimpton Terry Southern Doc Humes Norman Mailer Peter Matthiessen and William Styron In the Hamptons she socialized with Larry Rivers Jack Gelber and other painters and sculptors Moderation for most of us is a most unnatural condition I preferred to burn out like a brilliant firecracker But while she was playing the muse reality beckoned forcing her to confront the notion that any sacrifice was worth making for art Art and Madness recounts the fascinating evolution of a time when art and alcohol and rebellion caused collateral damage and sometimes produced extraordinary work In clear sighted perceptive and unabashed prose Roiphe shares with astonishing honesty the tumultuous adventure of self discovery that finally led to her redemption My Brother's Madness Paul Pines,2007-10-01 My Brother s Madness is based on the author s relationship with his brother who had a psychotic breakdown in his late forties and explores the unfolding of two intertwined lives and the nature of delusion Circumstances lead one brother from juvenile crime on the streets of Brooklyn to war torn Vietnam to a fast track life as a Hollywood publicist to owning and operating The Tin Palace one of New York s most legendary jazz clubs while his brother falls into and fights his way back from a delusional psychosis My Brother s Madness is part thriller part exploration that not only describes the causes character and journey of mental illness but also makes sense of it It is ultimately a story of our own humanity and answers the question Am I my brother s keeper **In the Shadow of Madness** Dolores Brandon,2000

Divine Madness Janie Baker, 2006-08 Janie Baker was raised Catholic until she left the church while attending a Catholic college She began a career as a neuroscientist when she was afflicted with bipolar disorder manic depression Her case was particularly severe and resulted in religious psychosis during which she moved to Calcutta India and worked with Mother Teresa Following a number of years of hallucinations and delusions shock treatments returned her to health Restored to sanity Janie eventually underwent a compelling conversion and returned to the church She writes here an intimate and riveting story of her struggles growing up dealing with religion and her descent into bipolar madness Mind on Fire Arnold Thomas Fanning, 2019-04-23 Shortlisted for the Wellcome Book Prize 2019 A painfully intense courageous and gripping account of Fanning s journey to the underworld of madness and back This is a brave and instructive book Irish Times Extraordinary An account of mental illness grief delusions homelessness a fractured family relationship and all while trying to recover and create Superb writing on a frequently difficult subject Sin ad Gleeson Arnold Thomas Fanning had his first experience of depression during adolescence following the death of his mother Some ten years later an up and coming playwright he was overcome by mania and delusions Thus began a terrible period in which he was often suicidal increasingly disconnected from family and friends sometimes in trouble with the law and homeless in London Drawing on his own memories the recollections of people who knew him when he was at his worst and medical and police records Arnold Thomas Fanning has produced a beautifully written devastatingly intense account of madness and recovery to the point where he has not had any serious illness for over a decade and has become an acclaimed playwright Fanning conveys the consciousness of a person living with mania psychosis and severe depression with a startling precision and intimacy Mind on Fire is the gripping sometimes harrowing and ultimately uplifting testament of a person who has visited hellish regions of the mind Arnold Thomas Fanning offers the most vivid and unflinching window into the mind of someone who is in the throes of madness It was like nothing I d read before Rick Edwards Mind on Fire is a truly powerful arresting haunting account Arnold Thomas Fanning has reckoned with the darkest matter of his heart and mind and I challenge anyone not to be moved by that Sara Baume author of Spill Simmer Falter Wither and A Line Made by Walking In this strange and singular book Arnold Thomas Fanning mercilessly excavates the infernal underworld of his own years of madness As reminiscent as it occasionally is of John Healy s The Grass Arena and even of Orwell s Down and Out in Paris and London the book is ultimately not quite like anything else I ve read and brought me as close to the lived reality of mental illness as I have ever been It s a significant achievement a painful inexorable work of autobiography whose existence is its own form of redemption Mark O Connell Baillie Gifford Prize shortlisted author of To Be a Machine This is an extraordinary memoir about how it feels to be depressed delusional desperate The Observer Incredibly important Emilie Pine author of Notes to Self A ratcheting pace a tight first person immediacy and utterly staggering to be a passenger over its entire warped course An indelible ground shaking account Hilary A White Irish Independent Memoir of the Year Best Reads of 2018 A spellbinding memoir that should prove

both moving and hopefully cathartic for the reader RTE Culture Told in tight and immediate first person and imbued with a startling momentum that ratchets unnervingly Fanning s publishing debut is a significant achievement and should be a talking point in publishing this year Irish Independent Fanning s debut book lays it on the line in a deeply personal and compelling chronicle of his descent into depression and his way back out RTE Guide Wonderful Joseph O Connor Irish Times Books of the Year Unsparringingly direct searing and honest It is gripping to read and must have been exhausting to live Medical Independent One of the most gripping and revealing memoirs I ve read in a long time A controlled and artful exploration of absolute loss of control an unsettling and at times very moving reconstruction of a period of serious mental illness Mind on Fire is a beautiful book about a terrifying thing Mark O Connell Irish Times Books of the Year Gripping Sin ad Gleeson Irish Times Books of the Year Shocking Liz Nugent Irish Times Books of the Year Poignant beautifully detailed memoir Sarah Gilmartin Irish Times Best debuts of 2018 Brave and illuminating Sunday Business Post This is the type of account that not only grips you wholesale as the pages flutter past it also changes your very perception of psychology Hilary A White Sunday Independent Memoir of the Year **Hurry Down Sunshine** Michael Greenberg,2008-09-09 Hurry Down Sunshine is about tenacity and tenderness but mostly it s about love OPRAH WINFREY AN AMAZON BEST BOOK OF THE MONTH PICK This international bestseller is an extraordinary family story and an exceptionally powerful memoir about coping with bipolar disorder now with a new afterword for the ten year anniversary edition Michael Greenberg recounts in vivid detail the remarkable summer when at the age of fifteen his daughter was struck mad It begins with Sally s sudden visionary crack up on the streets of Greenwich Village and continues among other places in the out of time world of a Manhattan psychiatric ward during the city s sweltering summer It is a tale of a family broken open then painstakingly movingly stitched together again Greenberg s unforgettable cast of characters includes an unconventional psychiatrist an Orthodox Jewish patient a manic Classics professor a movie producer and a landlord with literary aspirations Unsentimental nuanced and deeply humane Hurry Down Sunshine is essential reading in the literature of affliction with such classics as Girl Interrupted and An Unquiet Mind **Urban Madness** Raquel Torres,2018-06-02 A testimony of a troubled girl and how she overcame and prevail the odds **Darkness Visible** William Styron,2010-05-04 The New York Times bestselling memoir of crippling depression and the struggle for recovery by the Pulitzer Prize winning author of Sophie s Choice In the summer of 1985 William Styron became numbed by disaffection apathy and despair unable to speak or walk while caught in the grip of advanced depression His struggle with the disease culminated in a wave of obsession that nearly drove him to suicide leading him to seek hospitalization before the dark tide engulfed him Darkness Visible tells the story of Styron s recovery laying bare the harrowing realities of clinical depression and chronicling his triumph over the disease that had claimed so many great writers before him His final words are a call for hope to all who suffer from mental illness that it is possible to emerge from even the deepest abyss of despair and once again behold the stars This ebook features a new illustrated biography of William

Styron including original letters rare photos and never before seen documents from the Styron family and the Duke University Archives     **Sharp** David Fitzpatrick,2013-07-02 David Fitzpatrick's Sharp is an extraordinary memoir a fascinating disturbing look into the mind of a man who in his early 20s began cutting himself due to a severe mental illness A beautifully written treatment of a powerful subject Fitzpatrick whose symptoms included extreme depression and self mutilation writes movingly and honestly about his affliction and inspires readers with his courage joining the literary ranks of Terri Cheney Manic Augusten Burroughs Running with Scissors Marya Hornbacher Wasted and Susanna Kaysen Girl Interrupted A harrowing journey from self destructive psychosis to a cautious re emergence into the flickering sunshine of the sane world Fitzpatrick writes about mental illness with the unsparing intensity of Sylvia Plath and Anne Sexton but also with the hard won self knowledge of William Styron Kay Jamison and other chroniclers of disease recovery and management A must read remarkably told Wally Lamb author of I Know This Much is True     *Writing and Madness in a Time of Terror* Afarin Majidi,2017-12-18 Earning an MFA in writing at the New School working at Rolling Stone magazine and being courted by an editor at a prestigious publishing house Afarin Majidi should be thrilled with the direction her life is taking as she turns thirty Instead she is spiraling into the depths of madness as she seeks love and acceptance in an Islamophobic society After colleagues at the magazine drug and rape her she's left with an unfinished novel She turns to a former professor James Lasdun with whom she develops a toxic obsession Majidi is the woman he calls Nasreen in his memoir Give Me Everything You Have Raw and honest Writing and Madness in a Time of Terror is a haunting meditation on identity misogyny violence and mental illness     **Urban Madness** Raquel Torres,2018-06-26 Urban Madness takes you into a captivating and gripping story of a lost girl from the rugged parts of Cleveland Enduring the corruptive life she faced she was determined to make it out saved Roxi takes you on a journey of the vicious cycles many young people in the hood encounters Call her what you will but she is determined to deliver her testimony in her own voice A raw voice     *An Unquiet Mind* Kay Redfield Jamison,2009-01-21 NATIONAL BESTSELLER A deeply powerful memoir about bipolar illness that has both transformed and saved lives with a new preface by the author Dr Jamison is one of the foremost authorities on manic depressive bipolar illness she has also experienced it firsthand For even while she was pursuing her career in academic medicine Jamison found herself succumbing to the same exhilarating highs and catastrophic depressions that afflicted many of her patients as her disorder launched her into ruinous spending sprees episodes of violence and an attempted suicide Here Jamison examines bipolar illness from the dual perspectives of the healer and the healed revealing both its terrors and the cruel allure that at times prompted her to resist taking medication     **Descent** David Guterson,2013     *Inferno* Catherine Cho,2020-08-04 A New York Times Book Review Editors Choice Inferno is a disturbing and masterfully told memoir but it's also an important one that pushes back against powerful taboos The New York Times Book Review Explosive Good Morning America Sublime Bookpage starred review When Catherine Cho and her husband set off from London to introduce their newborn son to family scattered across

the United States she could not have imagined what lay in store Before the trip's end she develops psychosis a complete break from reality which causes her to lose all sense of time and place including what is real and not real In desperation her husband admits her to a nearby psychiatric hospital where she begins the hard work of rebuilding her identity In this unwaveringly honest insightful and often shocking memoir Catherine reconstructs her sense of self starting with her childhood as the daughter of Korean immigrants moving through a traumatic past relationship and on to the early years of her courtship with and marriage to her husband James She masterfully interweaves these parts of her past with a vivid immediate recounting of the days she spent in the ward The result is a powerful exploration of psychosis and motherhood at once intensely personal yet holding within it a universal experience of how we love live and understand ourselves in relation to each other

**The Sane Game** Sarah L. Drury, 2017-12-02 Imagine the perfect life a dazzling career a glittering social life a doting family Sarah had it all Until tragedy struck that fateful day and her life suddenly collapsed beneath her feet Mental illness had stolen her sanity and cost her her high flying lifestyle Diagnosed with schizoaffective disorder at the age of twenty nine psychiatric units and hospitals became her home and her new life was one of confusion depression mania and psychosis Discover her battle to survive the harsh realities of her illness and fight her way back to the stable balanced happy life she now leads

**Imagining Robert** Jay Neugeboren, 2003 Imagining Robert is the most honest book to date on the lives of the millions of families that must cope day by day and year by year over the course of a lifetime with a condition for which in most cases there is no cure By rendering his brother's mental illness in all its complexity and mystery Jay Neugeboren has shown how even the grimdest of lives can be sustained by the power of love

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