

Med-Surg Exam Study Guide

Fluid Overload (Hypervolemia)

What are clinical manifestations of fluid overload?

- **Cardiovascular Changes**
 - Bounding pulse quality
 - Peripheral pulses full
 - ↑ B/P
 - ↓ Pulse pressure
 - ↑ Central venous pressure
 - Distended neck and hand veins
 - Weight gain
- **Respiratory Changes**
 - ↑ Respiratory rate
 - Shallow respirations
 - Dyspnea increases w/exertion or in the supine position
 - Moist crackles present on auscultation
- **Skin and Mucous Membrane Changes**
 - Pitting edema in dependent areas as well as joints and skin around bony prominences (elbows, metacarpals, metatarsals)
 - Skin pale and cool to touch. Skin and puncture sites from needles sticks may "weep" as fluid tries to escape through the skin.
- **Neuromuscular Changes**
 - Altered LOC
 - H/A
 - Visual disturbances
 - Skeletal muscle weakness
 - Paresthesia's
- **Gastrointestinal Changes**
 - ↑ motility
 - Enlarged liver
- **Lab Values**
 - Serum electrolyte values are normal
 - ↓ Hgb
 - ↓ Hct
 - ↓ Serum protein levels

Med Surg Final Study Guide

Jeremy Downs

Med Surg Final Study Guide:

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CMSRN Exam Prep 2021-2022 Shirley Wilcher,2021-08-23

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