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**Martha Maeda**



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budget He also discovered how limited the retirement literature was with most of it focused on the financial aspects to the exclusion of a myriad of other factors that go into creating a satisfying retirement Thus began a two year journey of research and writing to create Discover the Right Retirement for You the most comprehensive guide to retirement planning currently available Carefully crafted to be used by the 44 million Baby Boomers who are retiring at the astonishing rate of 10 000 each day this remarkable resource contains comprehensive information written in comprehensible language about the many components of retirement and connects the reader to others like themselves It is a reference book with facts and figures a workbook with worksheets for self inventory and reflection and a storybook with anecdotes about retirement expectations and experiences Distilled from extensive interviews with people just like you Discover the Right Retirement for You invites you to explore retirement from such diverse perspectives as its effect on your health self image and family while also addressing the financial aspects Whether retirement is right around the corner or a few years away this is the guidebook you need to create the right retirement for you *Create Your Own Rewarding Retirement* Joseph (Jay) Totter,2021-03-10

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