

Manual Handling Customised Training



Bed Mobility

- Rolling
- Moving up the bed
- Lying to Sitting



Transfers & Walking

- Sit to Stand
- Walking
- Pushing a Wheelchair / Care Chair
- Navigating Stairs



Lifters

- Stand Up Lifter
- Stand Aids
- Full Sling Hoist



Car Transfers

- Car Transfers
- Bus Transfers
- Getting Equipment in / out of a car



Transfers from the floor

- Getting up off the floor (through kneeling)
- Getting up off the floor (with a hoist)



Behaviours of Concern



Personal Care

- Dressing & Undressing
- Showering
- Toileting
- Grooming



Domestic Assistance

- Vacuuming
- Mopping
- Making a bed
- Laundry
- Cleaning
- General Lift & Carry techniques



Commercial Laundry

- Loading & Unloading machines
- Pushing a Trolley
- Folding
- General Lift & Carry techniques



Kitchen & Dining

- Bain Marie's
- Delivering and Collecting Plates
- Commercial Dishwashers
- General Lift and Carry Techniques
- Storage in Pantries and Cupboards
- Pushing a Trolley
- Using Brooms



Home Office Ergonomics

Manual Handling Aged Care Training Package



Ideas that Work

Manual Handling Aged Care Training Package:

Mosby's Textbook for Long-Term Care Assistants Karen Scott, Margaret Webb, Clare Kostelnick, 2018-05-15 Revised to align with CHC33015 Certificate III Individual Support Now meets requirements of CHC43015 Certificate IV Ageing Support Features 3 streams of carers aged care disability and home and community care Increased focus on disability and NDIS mental health and dementia An eBook included with print purchase Nursing Older People Susan Carmody, 2017-12-04 This text consists of eleven chapters concisely summarizing general adult psychiatry in the form of notes It is primarily intended for junior hospital psychiatrists general practitioners and medical students however psychiatric nurses psychiatric social workers psychiatric occupational therapists and clinical psychologists may also find the book an asset

Manual Handling in Health and Social Care Michael Mandelstam, 2002-02-15 This book presents an accessible overview of manual handling legislation legal case law national guidance policy and practice A stand alone overview of manual handling law and practice is followed by more in depth material in A Z format and fully cross referenced which allows the reader to look up issues for quick access to more information

Aged Care Nursing Susan Carmody, Sue Forster, 2003 With increased life expectancy the aged population has grown markedly throughout the world but there is a shortage of experienced nurses with expertise in the holistic care of the elderly This book is written to inspire and empower such nurses Care of the aged has a long and noble history within the nursing profession Respect for the dignity of the elderly and a commitment to their well being have inspired generations of nurses But it is only in more recent times that aged care nursing has really come of age with the provision of sound evidence based nursing practice The traditional ethical approach to aged care nursing has thus become combined with sound scientific knowledge in a modern holistic model of care Aged Care Nursing A Guide to Practice is written by clinicians for clinicians Each chapter describes contemporary nursing practice in a specific area of aged care The inclusion of evidence based and outcome based practices throughout the book ensures that all readers be they novices or experts will have a reliable and beneficial reference to guide their practice The chapter authors are from several countries and the content of each chapter is presented generically to ensure international applicability Each author is a recognised expert in his or her subject area and all present their topics with a focus that is practical rather than academic

Caring in the Community Helen Croft, 2015-05-20 Personal carers in Australia's community care environment offer crucial daily support to the frail aged to those with a disability and to primary carers Caring in the Community provides a solid practical introduction to the role and responsibilities for workers caring for clients in their own homes

Potter & Perry's Fundamentals of Nursing ANZ edition - E-Book Epub Clint Douglas, Geraldine Rebeiro, Donna Waters, Tracey Moroney, Jackie Crisp, 2025-12-22 Trusted companion for the entire nursing journey Potter Perry's Fundamentals of Nursing is the core text nurses use from the start of their course right through to registration It provides foundational concepts in nursing and covers the essential knowledge and skills needed for safe effective and person centred practice The seventh

edition of this esteemed textbook has been comprehensively revised by nursing leaders and experts from across the spectrum of clinical practice education research and health policy settings to ensure relevance to contemporary practice Each chapter contains evidence scenarios and case studies to support learning and critical thinking The book is the core component of a suite of materials including the Fundamentals of Nursing Clinical Skills Workbook which allows students to apply clinical skills to real world practice An essential bookshelf reference for all students of nursing clinicians and educators includes information on the full range of learning required to register as a nurse Written by highly experienced nursing leaders each contributing years of professional practice and experience to contextualise learning An emphasis on clinical reasoning critical thinking and reflection shows students how to apply theory to practice and to consider pragmatic aspects of implementation Learning is supported by inclusion of key information Clinical Reasoning in Action processes including framework pathway and case studies scenarios evidence critical reflection points and links to NSQHS Standards in each chapter Essential part of the Potter Perry suite complemented by the Workbook and Student and Instructor assets including clinical skills videos New to this edition New chapter on sustainability and planetary health Enhanced focus on clinical reasoning through inclusion of Clinical Reasoning in Action Framework embedded within new Clinical Reasoning in Action Case Studies throughout the text Instructor resources on Evolve NEW Teaching Tool Test bank Critical Reflection Points and answers PowerPoints Image collection Students and Instructor resources on Evolve Clinical Skills videos Clinical Cases Fundamentals of Nursing Case Studies

Improving Workplace Learning Geraldine Castleton, Rodney Gerber, Hitendra Pillay, 2006 Closely linked to the concepts of growth and globalisation is the increasing recognition being given to the importance of the workplace as a site of learning The value of the book rests in the fact that this framework does not have its foundations in just one academic discipline but rather provides a range of perspectives drawn from psychology social psychology sociology and critical theory The purpose is to move away from a unidimensional understanding of workplaces and workplace learning to provide a different standpoint from which to better appreciate the diversity and complexity of learning in the workplace This significant book is divided into four inter related sections with each section contributing to the evidence base referred to earlier by offering informed considerations of the following questions What kinds of contextual issues impact on workplace learning and what are the implications of these for improving workplace learning What kinds of knowledge are required for contemporary work and what implications are derived from these for improving workplace learning What models and case studies exist that reflect practices for improving workplace learning and What consideration of directions for future action to improve workplace learning can be made

Physiotherapy Practice in Residential Aged Care Jennifer C. Nitz, Susan R. Hourigan, 2004 With the numbers of entrants to residential aged care facilities steadily growing there is a need for a clearly written portable guide to the wide range of knowledge and treatment skills unique to the physical therapist in this challenging setting This new resource looks at the physiological changes accompanying the

aging process as well as the physical therapist's role in assessment preventing residents injuries and promoting quality of life Major presenting problems relating to being immobile barely mobile or ambulatory are examined Information and strategies to assist with residents suffering from pain osteoporosis incontinence or disorders requiring palliation are also covered In addition there is a special chapter on aquatic physical therapy in response to the increasing use of pools in aged care facilities This new book is an outstanding reference for practicing physical therapists students and those who care for older adults in their own homes Focus on physical therapy in residential aged care with coverage of all relevant topics Clearly organized up to date and easy to read Boxed key points summaries artwork photos and drawings throughout *Workplace Issues* ,2000 *Nursing Times, Nursing Mirror* ,2006 Food Service Manual for Health Care Institutions American Hospital Association,1972 Australian National Bibliography ,1995-05 *A Manual of Simple Nursing Procedures* Mary J. Leake,1966 **APAIS, Australian Public Affairs Information Service** ,1999 Vol for 1963 includes section Current Australian serials a subject list Manual Handling for Support Workers in Home Care Ideas that Work,2011 This DVD clearly explains what manual handling is in home care potential risks and hazards and what to do about them and how to perform home care tasks safely and avoid strain and injury The bonus end chapter Don't Do This At Home gives some examples of what not to do as a support worker in home care The DVD has been designed for a short refresher session on manual handling or as part of an induction for new staff the first three chapters delivering the manual handling component in aged care training packages Table of contents Overview Hazards and Risks Lifting Correctly Vacuuming Sweeping Mopping Making a Bed Bath Shower Toilet Laundry Shopping Don't Do This At Home *The IHSM Health and Social Services Year Book* ,1998 American Lumberman ,1915 Ladies' Home Companion ,1909 *Special Education Index to Parent Materials* National Information Center for Educational Media,1980 *Statewide Audiovisual Service ... Catalog* Florida. Statewide Audiovisual Service,1997

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