

Head To Toe Assessment C

Wash Hands

() Completed - Standard Precautions

Introduction

() Completed - Introduce self & purpose of assessment to relieve anxiety and role function identification.

Vital Signs

Pulse _____ Rate, Strength, Regularity

Temperature _____ Oral, Rectal, Tympanic

B / P _____ Respiration _____

Orientation

(Oriented x 4)

What year is this ? _____

Tell me your name ? _____

Tell me where you are ? _____

Tell me why you are here? _____

Pupil Check

(PERRLA) Pupils, Equal, Round, React to light, Accommodate

Sluggish () No Change () Brisk () Normal ()

Accommodation Yes () No ()

Neck Veins

Patient at 45o angle ()

Neck Veins Flat () Distended ()

Heart Tones

Apical Pulse with Stethoscope

Rate ? _____ Rhythm ? _____

Clarity of Sounds ? _____ Abnormal? ()

Explain ! _____

Bilateral Checks

(Radial Pulses) - Rate, Strength, Regularity

Right _____ Left _____

(Hand Strength) - 2 fingers only

Right Stronger () Left Stronger () Equal ()

(Pedal Pulses) - Top of Foot

Right Foot _____ Left Foot _____

(Capillary Refill) -On fingers or toes 3 seconds or less

Right Fingers () sec. Left Fingers () sec.

Right Toes () sec. Left Toes () sec. Delay or abnormal refill return ? Yes () ie., _____

Skin

Skin Turgor - 1 to 3 second return, on Sternum

Return was () sec. Abnormal () sec.

Skin Color - Check on inside of Lip or

Conjunctiva

Lip () Conjunctiva ()

Pink () Pale () Jaundice () Cyanotic ()

Skin Temperature - Use back of hand to check

Hot () Warm () Cool ()

Breath Sounds

Assess anterior and posterior and :
take deep breaths, do not move sta
patients part.

Clear Bilaterally () Left only () Rig

Both poor bilaterally () ie., _____

Good air flow () Poor air flow ()

Bowel Sounds

Assess all 4 quadrants, do not touc
disrupt normal sounds. If irregular,
Umbilicus is
midpoint.

(Stomach) - Check for condition

Soft () Hard () Distended () Other

RUQ Active () Absent () Hyperact

RLQ Active () Absent () Hyperacti

LUQ Active () Absent () Hyperacti

LLQ Active () Absent () Hyperacti

Peripheral Edema

Edema is found in dependent area
finger by pressing down. Observe t

Feet Yes () No () Pitting () R () L

Hands Yes () No () Pitting () R ()

Sacrum Yes () No () Pitting () Ind

Assessing For Pain

Where is the pain ? _____

How long has it lasted ? _____

Does the pain travel anywhere ? _____

What makes it feel better ? _____

What makes pain worse ? _____

Descrip. of pain ? Sharp () Stabbin

On a scale of 1 - 10, 10 being the v

Skin Breakdown Check

Check entire body for redness or s

Normal () Abnormal () Explain cor

affected. _____

Homan's Sign

Ask patient to dorsiflex both feet.

Pain in right calf Yes () No ()

Pain in both calves Yes () No ()

Closure

Let the patient know you are finish

Bedrails up () Bed in low position ()

SAMPLE CHARTING ENTRY

Head To Toe Documentation Sample

**Kate Gawlik, Bernadette Mazurek
Melnik, Alice Teall**



Head To Toe Documentation Sample:

Textbook of Basic Nursing Caroline Bunker Rosdahl, Mary T. Kowalski, 2008 Now in its Ninth Edition this comprehensive all in one textbook covers the basic LPN LVN curriculum and all content areas of the NCLEX PN Coverage includes anatomy and physiology nursing process growth and development nursing skills and pharmacology as well as medical surgical maternal neonatal pediatric and psychiatric mental health nursing The book is written in a student friendly style and has an attractive full color design with numerous illustrations tables and boxes Bound in multimedia CD ROMs include audio pronunciations clinical simulations videos animations and a simulated NCLEX PN exam This edition s comprehensive ancillary package includes curriculum materials PowerPoint slides lesson plans and a test generator of NCLEX PN style questions

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and best practices Provides orientation fundamentals checklists and log charts *Tabbner's Nursing Care* Gabby Koutoukidis,Rita Funnell,Karen Lawrence,Jodie Hughson,Kate Stainton,2009 Tabbner s Nursing Care Theory and Practice is the only Australian and New Zealand textbook written specifically for the enrolled nurse student The new 5th edition of this best selling text has been fully revised and updated throughout to reflect the content of the new National Curriculum Unit 1 The evolution of nursing Unit 2 The health care environment Unit 3 Cultural diversity and nursing practice Unit 4 Promoting psychosocial health in nursing practice Unit 5 Nursing individuals throughout the lifespan Unit 6 The nursing process Unit 7 Assessing health Unit 8 Important component of nursing care Unit 9 Health promotion and nursing care of the individual Appendices Provided by publisher **Evidence-Based Physical Examination** Kate Gawlik,Bernadette Mazurek Melnyk,Alice Teall,2024-03-26 Master Evidence Based Assessment with Clear Stepwise Guidance and Real World Tools About This Text Recognize normal versus abnormal prioritize hypotheses and link exam data to management with this practical guide to thorough evidence based physical examination This text emphasizes critical findings diagnostic reasoning and documentation What s New in the Second Edition Clinician well being is emphasized as foundational to evidence based assessment Two new chapters Older Adult and Vascular System Environmental safety assessment pre admission pre employment exams telehealth visit checklist Added considerations for assessing patients with obesity Why Students Love This Text Stepwise guidance across systems with current guideline alignment Red flag findings and documentation tips Case vignettes clinical pearls and key takeaways Why Instructors Love This Text Expanded instructor resources include videos a test bank and PowerPoints Get it with CourseConnect the Smarter Way to Succeed Included with your purchase CourseConnect is an interactive learning platform that helps you learn faster study smarter retain more and feel confident on exam day Go beyond the book with tools that help you learn apply and assess your progress anywhere anytime Bite sized interactive lessons for focused efficient study Applied scenarios that connect concepts to practice Quizzes and flashcards with instant feedback Personal dashboard to track strengths gaps and progress Study tools including notes bookmarks and search Expert powered AI assistant offering instant trusted guidance anytime you need it Continuous Online Access is for the life of the product edition plus one year **Davis's Clinical Guide to Health Assessment** Patricia Gonce Morton,1995 Revised and expanded this second edition gives all the information nurses need to assess clients quickly thoroughly and confidently In it they will find every important assessment detail and a wealth of assessment procedures checklists lists of assessment equipment needed for each system easy to review charts of normal values for common laboratory tests all new appendices a comprehensive master glossary and more **Fundamentals of Tests and Measures for the Physical Therapist Assistant** Stacie J. Fruth,Carol Fawcett,2019-02-26 Fundamentals of Tests and Measures for the Physical Therapist Assistant provides students with the tools required to interpret the physical therapy evaluation and replicate the measurements and tests This text guides students in learning how to utilize case information and documentation furnished by

the PT to assist in the follow up treatment Fundamental Concepts and Skills for Nursing Susan C. deWit, Patricia A. Williams, RN, MSN, CCRN, 2013-01-18 Part of the popular LPN Threads series this market leading text features an easy to follow writing style and organization to teach you the concepts and skills you need to know to practice nursing in a variety of care settings This new edition offers in depth discussion of QSEN competencies rationales for the NCLEX PN review questions and new icons to point out the most current evidence based information Standard LPN Threads features include helpful characteristics such as full color design key terms numbered objectives key points critical thinking questions critical thinking activities glossary and references Easy to follow reading level and text organization presents information from simple to most complex Think Critically boxes help you synthesize information and apply concepts beyond the scope of the chapter Cultural Considerations related to biocultural variations as well as health promotion for specific ethnic groups demonstrate how to provide culturally competent care Elder Care Points highlight changes that occur with aging and how they affect nursing care Home Care boxes highlight the necessary adaptations of nursing skills and techniques for the patient in the home care setting NEW Rationales for NCLEX review questions at the end of each chapter help you understand why your choices were correct or incorrect NEW Full text reviews by experts in the field offer consistency and ease understanding as you progress through the book NEW Evolve margin icons denote supplemental material for students on Evolve NEW Evidence Based Practice margin icons point out the most current and evidence based information NEW In depth discussion of the Quality and Safety Education for Nurses QSEN within the text provides the knowledge skills and attitudes necessary to continuously improve the quality and safety of the healthcare systems **Fundamental Concepts and Skills for Nursing - E-Book** Susan C. deWit, Patricia A. Williams, 2013-01-24 NEW Rationales for NCLEX review questions at the end of each chapter help you understand why your choices were correct or incorrect NEW Full text reviews by experts in the field offer consistency and ease understanding as you progress through the book NEW Evolve margin icons denote supplemental material for students on Evolve NEW Evidence Based Practice margin icons point out the most current and evidence based information NEW In depth discussion of the Quality and Safety Education for Nurses QSEN within the text provides the knowledge skills and attitudes necessary to continuously improve the quality and safety of the healthcare systems *Documenting Care* Frances Talaska Fischbach, 1991 University of Wisconsin Milwaukee School of Nursing s comprehensive charting and documentation manual for students and practitioners **Quality Documentation for Long-term Care** Marilyn J. Rantz, Tari Vinz Miller, 1993 This manual offers a quality documentation system using nursing diagnosis developed specifically for long term care it provides practical quality tools to guide professional nurses and interdisciplinary staff members in meeting documentation requirements under OBRA 87 *Nursing Documentation* Ellen Thomas Eggland, Denise Skelly Heinemann, 1994 Focuses on the communication skills that are the key to good documentation **Health Assessment Handbook** Springhouse Publishing, Regina D. Ford, 1985 **Health Assessment**

for Nursing Practice Susan Fickertt Wilson, Jean Foret Giddens, 2001 **HEALTH ASSESSMENT FOR NURSING PRACTICE** second edition effectively presents nursing focused physical assessment in an appealing and consistent format Organized by body system each chapter contains sections on anatomy and physiology health history step by step examination procedures normal to abnormal findings and common problems and conditions This new edition includes risk factor boxes summary of findings tables clinical applications and critical thinking exercises and updated content on nutritional assessment Four new chapters cover mental health comfort and pain sleep and rest and the pregnant client making this text a complete reference for learning health assessment Numerous full color illustrations depict examination procedures and normal and abnormal findings

Health & Physical Assessment Violet Barkauskas, Linda Ciofu Baumann, Cynthia S. Darling-Fisher, 2002 The new third edition of this text presents holistic health assessment in a unique narrative format that is practical and easy to understand Introductory chapters reinforce basic skills from interviewing techniques to assessment of health beliefs and behaviors Subsequent assessment chapters are organized by body system and consistently explore anatomy and physiology examination and variations from health Sample Documentation Diagnoses and Critical Thinking Questions at the end of each chapter offer students a chance to apply what they ve learned to realistic clinical scenarios Special boxes throughout the text call out Risk Factors Cultural Considerations and Helpful Hints while an entire unit addresses special populations and assessment throughout the lifespan Every chapter has been carefully reviewed and is fully updated

Sexual Assault, 2003

Mosby's Guide to Physical Examination Henry M. Seidel, 1991

Wilderness First Responder Buck Tilton, 2004 Offers a comprehensive text for recognizing treating and preventing wilderness emergencies Provides step by step instructions for airway obstructions cardiac arrest spine and head injuries fractures insect bites diabetic crisis and other related material

Mosby's EMT-intermediate Textbook Bruce R. Shade, 2002 Completely revised and updated this new edition of Mosby s EMT Intermediate Textbook incorporates the newest U S DOT EMT I National Standard Curriculum It provides information on all requisite U S DOT topics for EMT I exceeding U S DOT objectives for EMT I training in many areas to provide a thoroughly comprehensive approach Additionally treatment guidelines for emergency cardiovascular care have been updated to reflect the most current 2000 guidelines for emergency cardiovascular care Skill steps are presented in an order similar to the National Registry of EMTs skill testing sheets making it easy for readers to prepare for state and national testing

Mosby's Physical Examination Handbook Henry M. Seidel, 2003 A concise pocket sized guide to physical examination and companion to Seidel et al Mosby s Guide to Physical Examination 5th Edition this beautifully illustrated full color clinical manual provides convenient portable access to comprehensive guidance in physical examination A dynamic author team gives the Handbook an uncommonly strong multidisciplinary perspective emphasis on differential diagnosis and expert coverage of both pediatrics and adult health Color coded type is used to make examination steps expected findings and unexpected findings easy to spot quickly And now a new appendix puts a variety of guides to special

patient histories at readers fingertips Each chapter begins with a concise clearly identified equipment list Easy to follow color coded tables summarize the core examination content in each chapter Examination Techniques appear in red Expected Findings appear in blue and Unexpected Findings appear in green Pediatric Variations tables also color coded for easy reference highlight differences in younger patients disease presentations Sample Documentation sections at the end of each chapter provide straightforward examples of good documentation practice A removable pocket sized quick reference card inside the back cover presents a comprehensive at a glance reminder list of key elements of assessment for every body system and region One side covers Physical Examination Objective Data and the other covers History Subjective Data Pages for Clinical and Reference Notes are interspersed throughout the book for personal clinical note taking Handy two column Aids to Differential Diagnosis tables summarize abnormalities and their distinguishing characteristics *Nursing Interventions & Clinical Skills* Martha Keene Elkin, Anne Griffin Perry, Patricia Ann Potter, 2007 This book provides complete coverage of nearly 150 basic intermediate and advanced skills in a streamlined visually oriented format

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