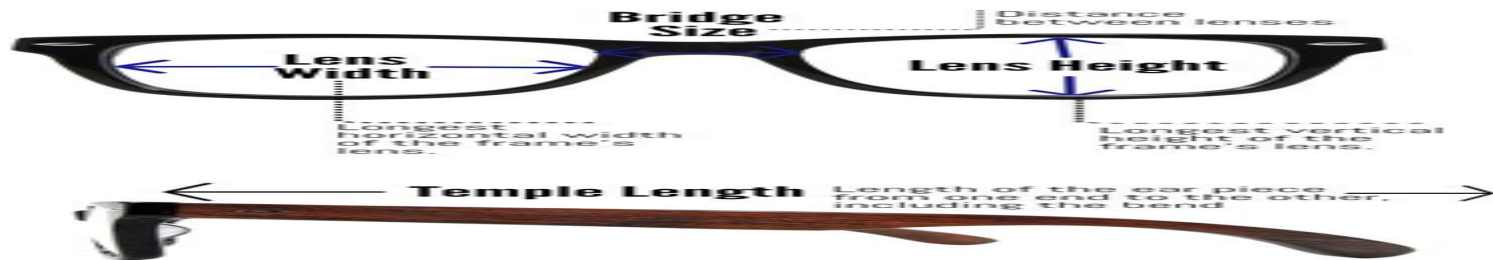


How do I pick the correct frame size?

Made Simple.

1. Understand what frame dimensions are.



2. Know where to find these dimensions on your frames.

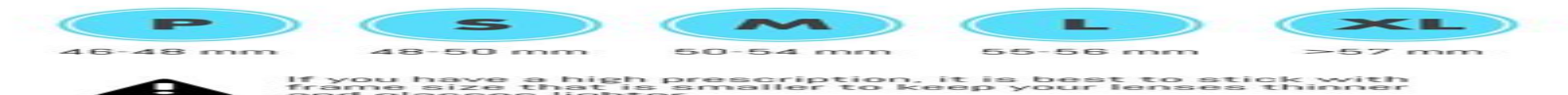


3. Use your current glasses as reference.

Lens Width +/- 2-3 mm	Bridge Size +/- 1-2 mm
Temple Length +/- 2-3 mm	Temple Width +/- 2-3 mm

Look for frames with dimensions that are within 2-3 mm of your best fitting glasses.
For bridge size, it is best to stay within 1-2 mm of your current glasses.

4. Decide to go smaller, larger, or stay the same in size.



5. Use the virtual mirror to see how the glasses will look on you.



6. Still unsure. Contact us.



415-603-2020



info@seesawseeneyewear.com

Guide To Fitting Glasses

Puja Mehta



Guide To Fitting Glasses:

An Introduction to Near Point Refraction ,1943 Official Gazette of the United States Patent Office United States. Patent Office,1915 *Official Gazette of the United States Patent Office* USA Patent Office,1911 Lectures and Illustrated Instructions in Physics, Ophthalmology, Dietetics, Hygiene and Kindred Sciences William J. Rowley,1904
Specifications and Drawings of Patents Issued from the U.S. Patent Office United States. Patent Office,1879 **The Optician's manual v. 1, 1908** Christian Henry Brown,1908 The Ultimate Sales Training Workshop: A Hands-On Guide for Managers Gerhard Gschwandtner,2006-10-23 The Ultimate Sales Training Workshop is an invaluable one stop training course from selling powerhouse Gerhard Gschwandtner featuring 15 easy to implement workshops on vital sales topics
The Optician's Manual, Vol. I-II ... Christian Henry Brown,1902 **Annals of Ophthalmology** ,1900 **The Optician and Scientific Instrument Maker** ,1925 Optometrist's Manual Christian Henry Brown,1921 **The United States Catalog** ,1903 **The Optician's Manual** Christian Henry Brown,1899 *Index-catalogue of the Library of the Surgeon General's Office, United States* ,1892 **The Optical Journal and Review of Optometry** ,1924 National Car and Locomotive Builder ,1893 **International Steam Engineer** ,1929 **The Railway Conductor** ,1914 **Railway Conductors' Monthly** ,1914 **Western Druggist** ,1917

Decoding **Guide To Fitting Glasses**: Revealing the Captivating Potential of Verbal Expression

In a time characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its capability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Guide To Fitting Glasses**," a mesmerizing literary creation penned by a celebrated wordsmith, readers set about an enlightening odyssey, unraveling the intricate significance of language and its enduring affect our lives. In this appraisal, we shall explore the book is central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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