

**LESSON TITLE: ENDOCRINE SYSTEM (Part 2)****LEARNING OUTCOMES:**

Upon completion of this lesson, you can:

1. Identify the major hormones secreted from the other endocrine glands and its role in homeostasis;
2. Describe various conditions associated with problem in hormone production of some endocrine glands;
3. Recognize the functions of other hormones significant in homeostasis;
4. Identify the different disorders and diseases associated with endocrine system and its description; and,
5. List the major age-related changes that occur in the endocrine system.

Materials:

Book, pen and notebook

References:

VanPutte, C., Regan, J., & Russo, A. (2016). *Snoddy's essentials of anatomy & physiology* (10th ed.). New York, NY: McGraw-Hill Education.

LESSON REVIEW/REVIEW

The purpose of this activity is to refresh your memory regarding the endocrine system. You simply encode your choice of answer based from the stated description in each item. Have fun!


1. **Autocrine or Paracrine**. Local messengers secreted by one cell type, ex. histamine
2. **Lipid-soluble or Water-soluble**. Must circulate as free hormones
3. **Humoral or Neural or Hormonal**. Directly by blood-borne chemicals to hormones.
4. **Nuclear receptors or Membrane-bound receptors**. The hormone-receptor complex activates genes, which in turn activates the DNA to produce mRNA.
5. **Anterior or Posterior**. Releases endocrine hormones

MAIN LESSON

You must read & study the concepts and refer to figures/tables in Chapter 10 of the book.

Thyroid Gland – made up of two lobes connected by isthmus; located on each side of trachea & highly vascular

- ✓ Function: To secrete **thyroid hormones** which binds to nuclear receptors in cells & regulate rate of metabolism.
- ✓ Thyroid hormones are synthesised and stored within **thyroid follicles** and attached to **thyroglobulin**.
- ✓ **Parafollicular cells / C cells** secrete the calcitonin
- ✓ Hormones are regulated by TSH-releasing hormone (TRH) from hypothalamus & thyroid stimulating hormone (TSH) from anterior pituitary gland (See process figure 10.16, page 250)

Gland	Hormone	Target Tissue	Response
	Thyroid hormones (Thyroxine, triiodothyronine)	All cells of the body	Increase metabolic rates, essential for several process of growth and maturation
	Calcitonin	Primarily bone	Decreases rate of bone breakdown; generates large increase in blood Ca^{2+} levels following a meal

Integrate Lab Manual Exercise 32

Stephen A. Miller



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zoology text on the market Respiratory Care ,1990 Psychosocial Conceptual Practice Models in Occupational Therapy Moses N. Ikiugu,Elizabeth A. Ciaravino,2007-01-01 This book examines the occupational therapy paradigm its focal viewpoint core constructs and values as well as the role of complexity chaos theory as a scientific framework for occupational therapy research and practice Unlike other current OT texts this book uses clinical case examples to illustrate application of proposed changes to make procedures consistent with the latest Occupational Therapy Practice Framework The reader walks away with a clear grasp of the theoretical principles guiding his or her treatment interventions the explanations behind those principles and the applicable intervention for said techniques and procedures An emphasis on clinical reasoning skills including information on different types of reasoning skills as well as the MAPP model of teaching helps the student and clinician translate theoretical principles into practice The section on specific interventions addresses each of the conceptual practice models according to a consistent chapter template which enables the reader to apply conceptual practice models in real world contexts Preview questions at the beginning of each chapter alert the reader to important concepts in the upcoming text Critical analysis of the theoretical core provides suggested modifications to increase consistency with the new occupational therapy paradigm **Applied Sport Psychology** Jean Marie Williams,2006 Applied Sport Psychology goes beyond peak performance by dealing with topics such as drug abuse burnout injury retirement from sport and when to refer athletes for counselling or psychotherapy **Revised List of Books and Prices Issued by the Superintendent of Public Instruction, 1917, in Accordance with the Provisions of the Law Regulating the Sale of School Text-books in Michigan** Michigan. Department of Public Instruction,1917 The Publishers Weekly ,1924 *The Perception of Exertion in Physical Work* Gunnar Borg,David Ottoson,1986 Educational Times ,1880 Publishers Weekly ,1920 **U.S. Government Research & Development Reports** ,1966 **Human Anatomy & Physiology** Eldra Pearl Solomon,Richard R. Schmidt,Peter James Adragna,1990

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Table of Contents Integrate Lab Manual Exercise 32

1. Understanding the eBook Integrate Lab Manual Exercise 32
 - The Rise of Digital Reading Integrate Lab Manual Exercise 32
 - Advantages of eBooks Over Traditional Books
2. Identifying Integrate Lab Manual Exercise 32
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Integrate Lab Manual Exercise 32
 - User-Friendly Interface
4. Exploring eBook Recommendations from Integrate Lab Manual Exercise 32
 - Personalized Recommendations
 - Integrate Lab Manual Exercise 32 User Reviews and Ratings
 - Integrate Lab Manual Exercise 32 and Bestseller Lists

5. Accessing Integrate Lab Manual Exercise 32 Free and Paid eBooks
 - Integrate Lab Manual Exercise 32 Public Domain eBooks
 - Integrate Lab Manual Exercise 32 eBook Subscription Services
 - Integrate Lab Manual Exercise 32 Budget-Friendly Options
6. Navigating Integrate Lab Manual Exercise 32 eBook Formats
 - ePub, PDF, MOBI, and More
 - Integrate Lab Manual Exercise 32 Compatibility with Devices
 - Integrate Lab Manual Exercise 32 Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Integrate Lab Manual Exercise 32
 - Highlighting and Note-Taking Integrate Lab Manual Exercise 32
 - Interactive Elements Integrate Lab Manual Exercise 32
8. Staying Engaged with Integrate Lab Manual Exercise 32
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Integrate Lab Manual Exercise 32
9. Balancing eBooks and Physical Books Integrate Lab Manual Exercise 32
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Integrate Lab Manual Exercise 32
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Integrate Lab Manual Exercise 32
 - Setting Reading Goals Integrate Lab Manual Exercise 32
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Integrate Lab Manual Exercise 32
 - Fact-Checking eBook Content of Integrate Lab Manual Exercise 32
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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